



TransfOrming Young Kenyan Lives

Karibuni Newsletter Summer 2017



www.karibuni.org.uk

Registered UK Charity Number 1044872



Letter from the Chairman - the legacy of education

“Karibuni Trust (now Karibuni Children) was founded twenty two years ago and it has taken most of those years for it to “come of age”. When a child is sponsored into nursery school, he or she will continue to be sponsored for as long as they are in education, up until nineteen years later when they graduate from College or University. Of course, some complete their education more quickly as they may not qualify for secondary school or tertiary education, but the majority are dependent on us for fifteen or more years.

With other trustees, I visited Kenya in February and saw how Karibuni enables children, from the poorest of homes, to be given the opportunity to attend school every day, with school uniforms, shoes and a square meal provided throughout term time.

Once again I was struck by the long-term nature of the commitment Karibuni makes to all these children. We support them as far as they can go in their educational journey. When I say “we”, I really mean all of us, the family of Karibuni volunteers and supporters, who are committed to ensuring the Karibuni promise is fulfilled.

An important way of donating to Karibuni is through legacies, and you will find a feature on legacies in this newsletter. By taking the time to change your will – or even to get round to making a will for the first time – you can continue to enable Karibuni to help to transform the lives of many more children for a long time to come.

That’s a legacy well worth leaving!”



John Cotton
Chairman of Trustees



Sponsored children at
Kawangware Academy



Some of our Graduates

Write a child's education into your will and “Transform a young Kenyan life”.

Karibuni has helped many hundreds of children over the years and, thanks to the continued commitment and generosity of our supporters, at any one time Karibuni cares for over 1000 children from the very poorest and unpromising backgrounds. For some it is a nutritious lunch enabling a child to learn free from hunger, for others sponsorship of their places at nursery, secondary, technical college or university and for yet others provision of materials for special needs classes.

We are now seeing young people we have sponsored from nursery graduating from university, finding employment and making a real difference to their families and communities. Eric from the Kibra slum has secured a position with accountants KPMG; another Eric who qualified as a mason gave his labour to build an office for the project we support in Tharaka, a poor rural area in eastern Kenya. We could tell many such stories.

Each year, at their own expense, trustees visit the projects Karibuni supports when additional desperate needs often become apparent such as replacement of classrooms, kitchens, water storage and toilets. The generosity of those who have left Karibuni a gift in their wills has enabled us to respond to many of these needs.

Many people find that once they have provided for their families in their wills, they are also able to support causes that are important to them. Research shows that whilst 75% of people claim to support charities during their lifetime only 7% currently leave a legacy to charity. We hope to encourage our supporters to consider leaving a gift to Karibuni Children in their wills, once their family’s needs have been met. The enclosed leaflet provides further details and highlights how a legacy can transform young Kenyan lives.



Karibuni
Legacy

Karibuni Work Party 2017

One volunteer's impressions

"Happy, harrowing, heart-wrenching, hopeful, hot, hard work, hospitable – just a few of the words which stand out as descriptive of the wonderful experience of the 2017 work party.

We were in fact two parties, one at Njoro, northwest of Nairobi, and one in Nairobi itself, at Embakasi. Our mission was to assist local people in refurbishing the nursery schools supported by Karibuni Children in those places, and it seems we did this successfully, judging by the delighted reactions of those involved! Nursery schooling is especially important in Kenya, as the children learn English without which they are unable to proceed to primary school; the hard choice for Karibuni Children must be in selecting those children whom they will sponsor – in Njoro this year we were told there were applications from 17 very poor families to have their children sponsored, of whom only eight could be selected, through a very rigorous selection procedure. I was extremely impressed by all the Karibuni Children social workers, who do a lot of this work, as well as keeping ongoing contact with the families.

What a difference good simple food and hand hygiene makes! Here, the children at Njoro are lining up before lunch to wash their hands, getting their food, and having a sleep after lunch.



Also impressive were the inspirational messages being conveyed in songs, such as "I am learning English, I am learning Maths, I am learning Science, and I am proud of myself", or "and I can achieve my dreams". Even three year olds alongside their usual songs sang one to the effect of "Give me education, education, education" as they welcomed us.

One lady described how she may be lucky enough to get casual labour for two days enabling her to save money towards the rent and feed her children for three days – but they would go hungry the other four days, apart from the youngest who was sponsored. And we met Grace and Glory, eight year old twins whose

mother died some years ago, and father died of TB the week we came back, who were then looking after themselves – fortunately in the feeding programme at Meru and hopefully with arrangements to be made for them by Mercy, the Karibuni social worker.

It was a wonderful experience – hard work at first but rewarding, and a fascinating insight into the country of Kenya and the lives of its people. Despite all the difficulties, happiness and hope shine through.



The 2017 work party volunteers



We all pay our own airfares and expenses of course, and all have different skills.

Sponsorship

Karibuni's commitment to children takes them right through to the point at which they can qualify for a job. This means the stage beyond secondary education, when, depending on their academic results, they pursue a further course ranging from a degree to vocational training. A few years ago we set up our sponsorship scheme to support students through this final stage. One of the most rewarding aspects of this is the opportunity to be engaged with and hear from an individual student. Below is an extract from a letter her sponsor received recently from a student in her second year pursuing a degree in Human Resource Management.

"It's with greatest joy that I send you warm greetings from Kenya. Although we have never met, you have played a meaningful and enduring role in my education and in my life, thanks to your generous contribution. During the early years of 2000 both my parents passed on due to illness and left behind me and my elder brother. Graciously God sent an angel in the name of Karibuni Children Fund who came and gave me hope and helped me to continue with my studies. ... through your support it's easier now to focus my efforts on my studies. Thank you. You may not know me personally, but I will never forget you."

An easy way of making frequent donations FOR FREE!

Have you heard of TheGivingMachine?
(see our website: www.karibuni.org.uk/get-involved/the-giving-machine/)
This is an amazing way to donate when you shop on the internet.
WITHOUT ANY COST TO YOU!

Step 1. Register, and nominate the charity you wish to donate to at:
www.thegivingmachine.co.uk
and use sign up code **56348**.

Step 2. Download the Shop&Give reminder here:
www.thegivingmachine.co.uk/shop-and-give.

Step 3. If applicable please Gift Aid your donations. Log into your account at the Giving Machine website and click on 'My Account' and 'Edit Details'.

Step 4. Start shopping! A small yellow and purple sign pops up in your web browser (except when shopping at Amazon) asking if you wish to donate – and with one click the deed is done.

Step 5. Why not suggest it to friends and family, too?

Speakers Forum - Save the Date! October 14th, 2017.

We would love to have more volunteers willing to spread the word about Karibuni, and are holding a Speakers Forum from 10.00 a.m. on 14th October at Stoke Mandeville Methodist Church. We will be able to inspire you to tell your story and will help with presentations and pictures.

Please come! For further information contact Elaine Zemzem: ezemzem@googlemail.com or telephone her: 07496 505828. Please leave a message if necessary and she will get back to you,

Are you looking for a speaker for your group or organisation?

A Karibuni speaker would be glad to come and share their experiences.

Please contact office@karibuni.org.uk with your telephone number, and someone will get back to you.

After 23 years Joy Murphy is handing over the newsletter editorship to Kate Winterbottom. From now on please send any articles or notices to her at katewinterbottom@karibuni.org.uk – Thank you!

Many thanks to Jamie Currey who has over the years designed the newsletter, put the pictures in the right place, made sense of it and got it to the printers – what a difference you have made, Jamie, thank you! And he's still doing it!



How you can help...

Please tick the box(es) that appeal to you:

- Become a Regular Giver – sign a Bankers Order form and commit to giving on a regular basis (on the next page).
- Sign a Gift Aid form so that your giving is increased at no cost to you as we reclaim the tax you have already paid!
- Organise or help with a fund-raising event. We need people across the country who will undertake awareness-raising and fund-raising events for Karibuni – such as Strawberry Teas, monthly market stalls, occasional quizzes or concerts.
- Become a speaker and involve your local groups. We can supply information, photographs, support and suggestions, or put you in touch with those already supporting us.
- Get involved locally if you live in the Aylesbury area by helping at local 'work-parties'.
- Buy gifts from our website karibuni.org.uk.
- Leave a legacy to Karibuni Children.
- Sponsor a child through university or college.
- Take part in (or sponsor) a sponsored event.
- Gifts from the Karibuni Children website in lieu of presents when celebrating a special birthday/wedding anniversary/birth.
- Gifts in memoriam or in lieu of flowers for funerals.
- Through our Charity Gifts Scheme
- Sign up for The Giving Machine whereby shopping through the internet gives donations at no cost to you:
www.thegivingmachine.co.uk
(use sign up code: 56348)
- Receive our Newsletters by e-mail to help keep our costs down (and help the environment). If we don't already have your e-mail address and you'd be happy for us to communicate by e-mail, please let us know by sending us your email address or completing the box below:

Name:

e-mail address:

Phone number:

Please complete the form and send it to our postal address which is to be used for all Karibuni Trust correspondence:
The Karibuni Children, Stoke Mandeville Methodist Church, Eskdale Road, Stoke Mandeville, Aylesbury, Bucks, HP22 5UJ, UK

Or you can e-mail us: office@karibuni.org.uk.
As our office is not yet staffed every day please continue to use the usual phone number (01296 681226).



/karibunichildren

Banker's order form

To the Manager:	Bank PLC
Branch Address:	
	Postcode:
Please pay to Karibuni Children £	every year / quarter / month.
Starting date	for payments (state number or ongoing) to:
Barclays Bank PLC Account number 70692697 Sort Code 20-03-18	
Title:	Forename/s: Surname:
Signature:	Date:
Your Account Number:	Your Sort code:
Your Address:	
Postcode:	e-mail address:

This Bankers Order replaces any existing payment instructions relating to Karibuni Children

Please complete the form and send it to **Karibuni Children, Stoke Mandeville Methodist Church, Eskdale Road, Stoke Mandeville, Aylesbury, Bucks, HP22 5UJ, UK**
The Banker's Order will be sent to your bank after registration at the Karibuni Children office.

GIFT AID DECLARATION

Boost your donation by 25p of Gift Aid for every £1 you donate

Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK taxpayer.

I want to Gift Aid my donation of £_____ and any donations I make in the future or have made in the past 4 years to Karibuni Children.

Title	Forename/s:	Surname:
Your Address:		
	Postcode:	Signed:

Notes:

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. Please notify us if you:

- Want to cancel this declaration
- Change your name or home address

• No longer pay sufficient tax on your income and/or capital gains if you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax

4. If you do not want further information from Karibuni, please tick this box: